

## 2024 Outdoor Track Tryout Rubric & Qualification Standards

Event	Class	Male	Female
400m	9 <sup>th</sup>	1:05	1:15
	10 <sup>th</sup> -12 <sup>th</sup>	1:00	1:10
200m	9 <sup>th</sup>	28	31
	10 <sup>th</sup> -12 <sup>th</sup>	26	29
1600	9 <sup>th</sup>	5:15	6:15
	10 <sup>th</sup> -12 <sup>th</sup>	5:00	6:00
Shot Put	9 <sup>th</sup>	28'	24'
	10 <sup>th</sup> -12 <sup>th</sup>	32'	28'

These qualifying events will be evaluated over the first few days of tryouts. We will get down to our final roster no later than the third day of tryouts.

Athletes are not required to try out for all 4 of the events above, but you will only be evaluated on the events that you participate in during tryouts.

Athletes should give their all when trying out. Each athlete is granted one tryout per event. A makeup day will be available only for an excused absence communicated in advance.

If these standards are not met by enough athletes to fill the numbers we are looking for, we will use the next best qualifying times and other criteria per coach's discretion. Other criteria includes but are not limited to the following:

- Attendance and punctuality – Effort – Estimated ability/Coachability – Desire – Competitiveness – Behavior – Field event potential – Sportsmanship

If the number of athletes achieving these times exceeds our event limits we will keep the best times up to the following maximum limits: Distance: 15 athletes per gender, Sprints: 25 athletes per gender

**Decisions on the team roster are made using all above criteria and the final decision is based on Head Coach's discretion.**